

Curriculum Overview: PSHE and RSE*

Term	WB	Y7	Y8	Y9	Y10	Y11
Autumn 1 (6.5 weeks)	3rd Sept					
	8th Sept					
	15th Sept	Transition	Alcohol and substance abuse	Unhealthy Relationships	Healthy Body, Healthy Mind	Establishing a healthy lifestyle
	22nd Sept					
	29th Sept	Online Safety	The Dangers of Smoking and Vaping	Gang Influence	Mental Health	Exam Stress
	6th Oct					
	13th Oct	Careers	Your Future Career	My Decisions	Financial Decision Making	Career Steps
	20th Oct					
Autumn 2 (7 weeks)	3rd Nov	Puberty and emotional change *	Relationship Expectations*	Freedom and Capacity*	The Role of Intimacy and Pleasure*	Long Term Commitment*
	10th Nov					
	17th Nov	Menstrual wellbeing*	Sexual Orientation and Gender*	Relationship Abuse*	The Impact of Pornography*	Mock Exams
	24th Nov					
	1st Dec	Working as a team	Working Life	Options	Cybercrime/Gambling	Sexual Health, Fertility and Routes to Parenthood*
	8th Dec					
	15th Dec	Grooming	Visible Difference	Friendship Breakdown	Self Care	Showcasing personal skills
Spring 1 (6 weeks)	5th Jan					
	12th Jan	Online exploitation	Discrimination	Young People and Homelessness	Bodily Health	Modern Relationships
	19th Jan					
	26th Jan	Healthy and Unhealthy relationships*	Respectful Relationship Values*	Managing Ending of Relationships*	Pressure, Persuasion and Coercion*	Managing Unwanted Attention
	2nd Feb					
	9th Feb	Managing conflict*	Consent: Avoiding Assumptions*	Portrayal of Relationships*	Managing Relationship Conflict and Breakup*	Mock Exams
Spring 2 (5 weeks)	23rd Feb					
	2nd Mar	Healthy routines	Mental Health and Well Being	Healthy Lifestyles	Making Healthy Choices	Pregnancy Outcomes*
	9th Mar					
	16th Mar	Sleep, beautiful sleep	The Impact of Social Media	Healthy Work-Life Balance	Healthy Influence	Pregnancy Choices : Abortion*
	23rd Mar					
Summer 1 (6 weeks)	13th Apr	Financial decision making	Online Safety	Being an Employee	The World of Work	Boys / Girls Health Independence
	20th Apr					
	27th April	Relationship values*	Online Relationships*	Sexual Health*	Addressing Relationship Abuse*	REVISION
	4th May					
	11th May	Introduction to consent*	Introduction to Contraception*	Contraception*	Family Conflict*	
	18th May				REVISION	GCSE EXAMS / REVISION

Summer 2 (7 weeks)	1st Jun	Ethical spending and piracy	Gambling Risks	Career Preparation	MOCK EXAMS / REVISION	
	8th Jun					
	15th Jun	Positive friendships	Gender Identity	Healthy Relationships	Preparation for Working Life	
	22nd Jun					
	29th Jun	Online friendships	Gender Equality	Abusive Behaviour	Community Cohesion	
	6th Jul					
	13th Jul	Round up / review	Round up / review	Suicide Prevention	Challenging Extremism	